

**January
2024**

NECS Bulletin



4833 S Sheridan Rd Ste. 410
Tulsa, OK 74145

Monday—Friday: 9am-5pm; Saturday: 9am-1pm

24 Hour Phone: 918-627-2224

Website: www.aaneok.org

Email: necs@aaneok.org



Board of Trustees

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***Congrats to Angie on winning the TV at the
Open House!***

Central Service Rep.'s Meeting

**will be held Jan. 13th, 2024 at 9am @ 8749 S. Lewis Ave.,
Tulsa**

**Send your Groups Rep for all the latest
information on Northeast Central Service.
There will be coffee, donuts and fellowship
& voting on your
2024 Board of Directors.**

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Announcements

Group Updates:

New Meetings

Oologah Group meets Sun. 7pm @
Oologah Historical Museum

Broken Bow Desire Group meets M-F 7pm & Sat at Noon.

Group Change

Oologah Group meets Wednesday's @ Noon
& Sunday's @ 7pm.



Kelsey,

Everybunnie is going to miss seeing you at the office.

We all wish you well in your future adventures.

You are leaving this place better than you found it. Keep **hopping** and seeing the positives. You will be missed. May the **bunny** trail lead you to many **hoppy** promises.



The A.A. Moon Shot

I Admired Her Courage

By Rick R.

I got sober on October 15, 1969 at a time when the Space programs were on the Television in black and white and I was up deep into the nights watching as it happened. About twenty years later I in a meeting when I heard a very young, very sincere, single mother of two, sharing that her first experience in the AA program was the thought of having to do all this stuff for the rest of her life and she didn't find it too comforting. (Her words). It sounded to me that, from her perspective, she knew that she had to do it, but it wasn't going to be easy or fun. I admired her for her courage and conviction, and I tried to encourage her by explaining things that I had experienced when I was faced with the life changing challenges of sobriety. I was a father of a boy, I was in the Navy at the time, and I was divorced. It was a difficult time, but I had to go through it, drinking or not. I likened it to the first Apollo Space Mission to the moon. It goes something like this.

When you first see the size of the spacecraft and consider the amount of energy it would take to put it into space, it is hard to fathom. After the countdown is complete, the engines fire and a tremendous amount of flames and smoke engulf the entire area and, in a few moments, it slowly starts to lift off. As it lumbers its first hundred feet, it is expending a tremendous amount of fuel. Slowly it starts to gain momentum and pick up speed, still shuddering along. Soon the booster tanks are depleted, and they are ejected, and the main tanks begin to propel it further along the flight path with even more thrust as it is reaching for orbit. Next, the main tank is depleted just before orbit and is ejected. What is left is a very small portion of what arose from the launchpad. Soon the craft leaves orbit and heads towards the moon and something else happens that sometimes goes unnoticed. Somewhere between the earth and the moon, the gravitational pull of the moon has more influence on the craft than the gravity of the earths has, and it is gently drawn along its path. Very little energy is except for minor course corrections.

In Alcoholics Anonymous, when we first get started, it appears to be an insurmountable task that requires a tremendous amount of effort just to get off the launchpad. Not every launch is successful and some of us don't make it the first time, and we need to exert all that energy on each successful attempt. As we do get our way, it starts to get easier as we head for our objective. When we go through the twelve steps, we finally reach orbit.

After we are satisfied that everything is in order, we can now set out for the moon. If we stay on course, the spiritual gravity of values we have adopted in the AA program will far outweigh the negative gravity of the past as we eject all the dead weight that held us down. As we continue to adjust to the day-to-day mistakes that we make and adopt an unselfish approach to life, somewhere along the flight path, we will cross that line where we are drawn towards a life and serenity that is hard to imagine when we are setting on the launchpad. The most important part of the journey is the lift off. If we can get through that most difficult time, it does get easier, and then we need only to stay the course.

Personal Contributions

Faithful Fivers are members who donate \$5 a month to Northeast Central Service as an act of gratitude. Please consider becoming a Faithful Fiver, and we will list your name in our monthly newsletter!

Birthday Contributions

Teresa J—13 years

Cecile—9 years

Rick—29 years

Lisa R.-31 years

Faithful Fivers

Jay M. Diana K. Ross D.
Mark H. Marcia L. Michael F.
Betty M. Mick C. Tony Y.
Bev Mc. Fred R. John H.

Personal Contributions

Mick C.

Anonymous

Wesley N.

Matt D.



To view total contributions and a breakdown of each group copy this URL:
https://aaneok-my.sharepoint.com/personal/necs_aaneok_org/Documents/Desktop/2023%20Contributions.pdf

Example of Group Contributions to A.A. Service Entities:

50% to Central Service

10% to District

10% to Area

30% to GSO

(Reprinted with permission from AA World Services/Self Support Pamphlet)

Donations can be mailed to these addresses

(pre-addressed envelopes are available at the Office):

NECS	District 30	District 40	OK State	General Service Board
4833 S Sheridan Suite 410 Tulsa, OK 74145	P.O. Box 14083 Tulsa, OK 74159	P.O. Box 701092 Tulsa, OK 74170	P.O. Box 18415 OKC, OK 73154	*NEW ADDRESS* P.O. Box 2407 James A Farley Station New York, NY 10116-2407



Apologizing

Does not always mean that you're wrong and the other person is right. It just means that you value your relationship more than your ego

sweetstuffedlove.tumblr.com



Hi my name is Barbara and I am a Alcoholic, my sobriety date is 05/19/2007, my home group is the Genesis Group in Tulsa. I have a sponsor and I sponsor women. I am so grateful to be a sober member of AA . I believe the steps change peoples lives. I wanted to include a little about my self and give a big thank you to the NECS Board for hiring me to be the manager of the office. Thank you for letting me be of service.

11th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding.

Amen.

Page 99 - 12 Steps & 12 Traditions.





**Thank you to all the Groups who brought boxes back.
Thank you to everyone who gave EXTRA for
November Gratitude. You are a Miracle!
Unity, Service & Recovery, To Thine Own Self Be True!**

- Awakenings NS-\$395.60
- BA Action-\$478.68
- Escaping Disaster Together-\$17.38
- Evening Sunrise-\$17.71
- Genesis Group-\$28.14
- Miracles-\$34.61
- New Beginnings-\$99.04
- New Haven-\$126.00
- Original Westside-\$68.45
- Sapulpa Serenity-\$30.00
- SOS Group-\$92.27
- South Bixby AA-\$57.76
- Sunrise Group-\$87.28
- Tulsa Big Book-\$38.00
- Tulsa Group-\$149.32
- Twelve & Twelve Group-\$84.00

**Total:
\$1,804.24**



DECEMBER

DECEMBER 2023 CONTRIBUTIONS BY GROUPS

12&12 Group \$25.00
Acceptance Group/Ponca City \$25.00
Awakening NS Group \$495.00
BA Action \$25.00
Desire Group \$500.00
Downtown Bartlesville Group \$500.00
Escaping Disaster Together \$667.00
Faith Group AA \$50.00
Gratitude Group \$180.00
Group Contribution \$16.00
Jenks Group \$100.00
Last Call \$14.00
Mannford Nomads \$200.00
Original Group \$100.00
Rose Garden \$47.00
Sapulpa Helping Hand Group \$150.00
SOS Group \$50.79
Sunrise Group \$101.04
The Unity Group Pryor \$20.00
Tulsa Group \$25.00
Vinita Downtown \$720.00

Total: 4,010.83

